



What Was I Thinking, Week 2

To reach your full potential, you can't play it safe. Avoiding risk leads to a mediocre life. But foolish risks may destroy your life's work and legacy. So how can you be sure you won't end up asking yourself, what was I thinking?

Conversation Starter: *Have some fun as you break the ice.*

- Share a time you didn't ask for our follow directions? How did that situation turn out?
- What is one chore you used to hate growing up that you appreciate now?

Key Scriptures: *Let God's word frame the conversation. Take a minute to read this selected passage together as a Group.*

- Proverbs 2:1-8, 3:5-6, 14:8,12

Discussion Questions: *Pick a few questions below to guide your time.*

Starting Sharing: *Choose a question or two to create openness.*

- Would you consider yourself a good decision maker? Why or why not?
- Share a time you were able to use desire as a positive motivation for self-growth.
- Who is someone you know who has used their power for good? Who is someone who abused their authority?

Start Thinking: *Choose a question or two to think critically about the subject.*

- Why do even the smallest of decisions we make impact the quality and direction of our lives?
- How can an awareness of the four propositions (Desire, Opportunity, Power, Expectation) help us make better and more informed choices?
- What do you think about the dual nature of the DOPE model? How can we leverage the positive desires while resisting the negative temptations?

Make it Personal: *Choose a question or two to help you identify your best next step.*

- What are some personal triggers you need to avoid to keep from making a foolish decision?
- Do you have any keystone habits built into your life that help set you on a positive path?
- How do you regularly invite God into your decision-making?

Next Steps: *Everybody has a next step. Check out some ideas below to help you grow by doing.*

- **Pause-** Don't take your choices lightly. Before you decide, pause and ask God to help guide you.
- **Seek wisdom-** Invite trusted voices in your life to speak into your decisions.
- **Read-** Check out David and Rob's new book, What was I thinking to get a framework for how to make better decisions and live with less regret. Grab a copy in our retail spaces or online.

Prayer: *Invite God to do what only He can do!*

Heavenly Father, thank you for giving us wisdom when we ask for help. Please allow us to follow your Spirit's guidance on our lives so we can live a life surrendered to You free from heartache and regret.